

# **HYC Ragnot Sailing Program**

## **Fleet Descriptions**

### ***Minis (Age 5-7)***

- Mini sailors are beginner level sailors with an age range from 5-7 years old.
- For the year-round practice program their schedule is Saturdays 9am-2pm, for summer camps their schedule is 9am-4pm.
- These sailors will start by learning the parts of the boats, how to steer the boat and become very comfortable on the boat in the water. We use a range of different tools to help them become confident sailors, including the pool, smaller sized sails to help them get comfortable with the boat.
- We will also focus on general water safety, and motor boat safety.
- Our main goal for these sailors is for them to have fun and want to come back the next day or weekend!
- Charter boats are not required for mini sailors.

### ***Opti - Orange Fleet (8-13)***

- Orange fleet is designed for beginner sailors over the age of 7.
- For the year round practice their schedule is Saturdays 9am-4pm, same for most summer camps.
- This group of sailors will start with the basics, learning the parts of the boat and how to steer but will move at a slightly faster pace than the mini sailors.
- These sailors will move into sailing on their own quickly.
- A sailor can start as a mini then move into Orange fleet before they are 8 years old if they meet the following criteria:
  - Sail alone, in reasonable conditions (be able to hold both the sail and tiller)
  - Know most of the parts of the boat/sail
  - Understand the basics of tacking and gybing
  - Be able to perform a 180 tack.
- Our main goal for Orange fleet sailors is to gain confidence in the boat and start to develop good boat handling skills.
- They will also learn the correct safety procedures in a range of different situations on and off the water.
- Charter boats are not required for Orange Fleet Sailors

## **-- The following fleets require Head Sailing Coach Approval--**

**Approval is dependent on sailors skill set and age**

### ***Opti - Green Fleet (Novice sailors under 15)***

- Green fleet is invitation only; each sailor must meet the following criteria in order to be approved for green fleet practice and camps.
  - Able to sail alone
  - Able to demonstrate a tack & gybe (switch hands and get to the other rail)
  - Able to hold a close-hauled course
  - Know all points of sail
- For the year round practice their schedule is Saturdays 9am-4pm.
- In Green fleet we focus on sharpening their boat handling skills and learn the basics of racing. They will learn how to start and get around a race course all while focusing on making their boat sail as fast possible.
- Charter boats are required if you do not own your own boat.

### ***Opti - RWB Fleet***

- White Fleet – sailors 10& under
- Blue Fleet – 11-12 year olds
- Red Fleet – 13-15 year olds
- For the year round practice their schedule is Saturdays 9am-4pm.
- After a sailor has reached the top of green fleet they will move into RWB fleet, what fleet they are placed in depends on their age.
- In TSA events all three fleets start and race at the same time. They are scored overall and separately by fleet.
- In RWB blue we continue to focus on boat handling but start to learn racing strategy.
  - Reading the wind
  - Race course strategy
  - Starting strategy
  - Rules of the road
- Charter boats are required if you do not own your own boat.

### ***Laser/ 420***

- Laser/420 practice is held Sundays from 11:30am – 4pm
- Sailors over the age of 15 will start competing in a laser or 420.
- There are three 420s available for these practices.
- No lasers are available for practice or charter at the moment.
- This group will focus on a new set of boat handling skills, advanced racing strategy and communication with their peers on and off the water.